

Annual Report of Physical Department 2021-22

Sr. No.	Events	Participants	Place	Date
1	Yoga Day	41	KRT College Vani	21 June 2021
2	All India Inter-university Yoga Competition	1	KIIT University Bhuvaneshwar, Udisa	25 to 28/12/2021
3	75000 Suryasamaskar 21 Days	50+04	KRT College Vani	04/01/2022 to 24/01/2022
4	Khelo India Yoga Competition	1	Jain University, Bangalore	26/4/2022 to 03/05/2022
5	Physical Fitness Test	263	KRT College Vani	20, 21 & 24 May 2022
6	Inter College Sports Participation Student	55	All Nashik Dist Zone College	--



A handwritten signature in black ink, likely belonging to the Director of Physical Education & Sports.

Director of Phy. Education & Sports
K.R.T. Arts & Comm. College
Vani, Tal. Dindori, Dist. Nashik
Pin - 422 215

MVP Samaj's
K. R. T. Arts and Commerce College, Vani
Yoga Report 2021-22

The International Yoga Day was celebrated on Monday, 21st June 2021 at MVP Samaj's K. R. T. Arts and Commerce College, Vani by Physical Education and Sports Department, National Service Scheme in association with and Savitribai Phule Pune University, Pune. Dr. Rajendra Ahire performed various Yoga demonstrations during 8:30 to 9:30am. The asana's like Tadasan, Vrikshasan, Garudasan, Vakrasan, Gomukhasana, Sarvangasana, Shirshasana, Suryanamaskara, sitting and sleeping on the back and abdomen were performed by many attendees under the guidance of Dr. Ahire. There were 41 participants actively participated and performed Yoga with great enthusiasm. The program was supported by the Principal of the college Dr. Sambhaji Patil. The program was anchored by NSS Programme Officer Dr. S. S. Prasad. Vice Principal Dr. Y. M. Salunke thanked all the guest and student participants. On this occasion, Prof. R. R. Chavan, Director, Department of Physical Education and Sports, all the professors, teachers and volunteers of NSS were participated in the programme.



A handwritten signature in blue ink, appearing to read "R. R. Chavan".

Prof. R. R. Chavan

Director of Physical Education and Sports





